

# VOLUNTARY THROUGH CARE

We are here to help you settle back into the community if you are leaving prison after a short sentence or time on remand, and you are not on licence.

We will contact you before release and can support you for **up to one year after your release.**



## HELP WE CAN OFFER

- Practical support to settle back into the community, such as accommodation, benefits, etc
- Support with personal and family matters
- Advice or referrals on to other services who could help such as: addictions, mental health, employment, etc
- Support to move away from offending and change your life

This service is run by Moray Council Justice Social Work team. We are based at:

**11 North Guildry Street, Elgin**

**OUR SUPPORT  
WORKER IS NON  
JUDGEMENTAL AND  
CAN CONNECT YOU  
TO HELP IN THE  
COMMUNITY**

## HOW CAN I GET THIS SUPPORT?

If you are interested please get in touch by phone or email, or let staff in the prison know you are interested.

An appointment will then be made with a Support Worker for you to attend on release.  
You can contact us up to 12 months after your release to request our support.



01343 557200



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